

# Parenting Classes

PARENT EDUCATION / FAMILY RESOURCES

We offer Parenting Classes in private & in groups for individuals, couples, and a special class for Teen Parents.

Our basic, most efficient class is a 10-week comprehensive skill building program designed to teach advanced parenting techniques and increase your skills and knowledge as a parent.

For Teen Parents, there is a 16 week course that includes child development skills and activities, parent-child infant massage and other resource information.

- Classes are held during the week and on weekends
- Our most popular 10-week Comprehensive is a 20 hour course; 2 hours per session
- Additional Classes are provided in 30, 40, & 60 hours, and 20, 24, & 52 weeks. Other hours/weeks can be customized, especially for court ordered cases
- Successful completion of this course is determined by the number of classes attended and by the successful completion of the course workbook
- Letters of Completion at course end; Letters of Progress are given as needed during class course
- Ongoing Parent Coaching is available beyond general course requirements for additional instruction and continuous support
- Other resource information for child development, parent-child infant massage, and homework assistance/tutoring made available for participants



2147 W Manchester Ave  
Los Angeles, CA 90047  
323-752-1901

[WWW.YUNITEDCENTER.ORG](http://WWW.YUNITEDCENTER.ORG)

## THE COURSE COVERS:

STYLES / APPROACHES  
of RAISING CHILDREN

SOURCE OF  
BEHAVIOR

TEACHING  
RESPONSIBILITY

SELF-ESTEEM

COMMUNICATION

POSITIVE INFLUENCE

DISCIPLINE WITH LOVE

REDUCING STRESS

RESOLVING CONFLICT

More info on reverse side

# Parenting Class Information

## LOCATION

Classes are held:

**YOUTH UNITED**

2147 W Manchester Avenue  
Los Angeles, CA 90047  
*(street parking available)*

*Call 323-680-0291 for more info or to register*

## SCHEDULE

Tuesday Morning      9:30am—11:30am

Wednesday Evening    7:30pm—9:30pm

Saturday Afternoon    11:00am—1:00pm

*Rotating Schedule: You can start anytime*

*Inquire about other days available for scheduling*

## FEES

**\$30 per session**

**\$45 per couple**  
**(same class, except DV cases)**

**Classes longer than 10 weeks are reduced by 50% in price**

**\*Payment Plans Available\***

**Our course model is BREAKTHROUGH PARENTING® based on Dr. Jayne A. Major who has been nationally recognized as an expert on family education using techniques that promote happy, cooperative, and self-disciplined children.**